



Excel and Beyond Competition
Central Illinois Figure Skating Club
Grossinger Arena Bloomington Illinois
May 20 and 21, 2023

I. COMPETITION OVERVIEW

The Central Illinois FSC Excel and Beyond Competition will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or current Compete USA handbook as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, (if offering compete USA events) Learn to Skate USA member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

COVID-19 INFORMATION:

For the most recent U.S. Figure Skating COVID-19 policy requirements, [CLICK HERE](#). Include any relevant policy implementation details here for your attendees.

SERIES INFORMATION:

This competition is an approved 2023 Excel series host. Skaters must register to participate in the Excel Series prior to competition at designated competitions in order to have their points recorded and seen in standings.

[Click HERE to view the program requirements for the current season.](#)

SINGLES	JUDGING	1st Event Price	2nd Event Price
Excel Free Skate	<i>IJS</i>	\$175	\$65
Adult Free Skate (Adult Pre-Bronze – Master Jr/Sr)	<i>IJS</i>	\$175	\$65
SPECIALTY	JUDGING	1st Event Price	2nd Event Price
Compulsory Moves (No Test–Senior)	<i>6.0</i>	\$75	\$45
Excel Compulsory Moves (Excel Beg.–Excel Prelim.)	<i>6.0</i>	\$75	\$45
Jumps Challenge (Beginner–Senior)	<i>6.0</i>	\$75	\$45
Spins Challenge (Beginner–Senior)	<i>6.0</i>	\$75	\$45
SHOWCASE	JUDGING	1st Event Price	2nd Event Price
Emotional Performance (No Test – Senior, Adult)	<i>6.0</i>	\$75	\$45
Choreographic Artistry (No Test - Senior, Adult)	<i>6.0</i>	\$75	\$45
Lyrical Pop (No Test - Senior, Adult)	<i>6.0</i>	\$75	\$45
Character Performance (No Test - Senior, Adult)	<i>6.0</i>	\$75	\$45
Comedic Impressions (No Test - Senior, Adult)	<i>6.0</i>	\$75	\$45
Duets/Trios (No Test – Senior, Adult)	<i>6.0</i>	\$75	\$45
Interpretive	<i>6.0</i>	\$75	\$45
Mini Production Ensemble	<i>6.0</i>	\$75	\$45
Production Ensemble	<i>6.0</i>	\$75	\$45
Adaptive Individual Showcase	<i>6.0</i>	\$75	\$45
Adaptive Unified Partner Showcase	<i>6.0</i>	\$75	\$45
COMPETE USA EVENTS	JUDGING	1st Event Price	2nd Event Price
Snowplow Sam-Basic 6 Program w/ Music	<i>6.0</i>	\$75	\$45
Pre-Free Skate – Free Skate 1-6 Program w/ Music	<i>6.0</i>	\$75	\$45
Excel Free Skate (Beg. – Preliminary Plus)	<i>IJS</i>	\$175	\$65
No Test – Preliminary Free Skate (*offer if LTS only)	<i>IJS</i>	\$175	\$65
Snowplow Sam – Basic 6 Elements	<i>6.0</i>	\$75	\$45
Pre-Free Skate – Free Skate 1-6 Compulsory Moves	<i>6.0</i>	\$75	\$45
Excel Compulsory Moves	<i>6.0</i>	\$75	\$45

II. ELIGIBILITY

Singles Skating Events: As of December 1, 2022, singles athletes may opt to accelerate their test progression within U.S. Figure Skating and thus compete at level(s) best suited for their technical skillset. Athletes must still meet the minimum requirements for each level and additionally, if participating

within the National Qualifying Series (NQS) or National Excel Series (Excel), they will establish a competitive floor (i.e., the lowest level they can compete at). The competitive floor is determined only by the level selected through the EMS Series Application for NQS or Excel and is not uniquely tied to competition registration (regardless of series participation).

Example #1, if an athlete passed their Junior free skate test in November and competed in the 2022-23 NQS as a Novice from July - September, they may register for either Novice or Junior in Excel or Well-Balanced events. The Novice level will remain their competitive floor until they complete an EMS Series Application at the Junior level or higher for NQS or Excel.

Example #2, if an athlete passed their Juvenile free skate but has not competed in NQS or Excel (i.e., they have not established a competitive floor), they have the option to compete Pre-Preliminary – Intermediate (if skate up is permitted). While the options are wide, U.S. Figure Skating entrusts the coach to guide the athlete to select the appropriate level for the athlete based on their technical skillset. Eligibility Notes:

1. The singles free skate test levels will remain as a minimum requirement to compete
2. Athletes may not skate down in any event
3. This update does NOT apply to Adult, Showcase and Solo Dance

If an athlete, coach, parent and/or guardian needs assistance with confirming their eligibility, email events@usfigureskating.org or refer to the information sheet [HERE](#).

SKATESAFE® COMPLIANCE:

For full details about SkateSafe compliance at U.S. Figure Skating competitions, refer to the U.S. Figure Skating SkateSafe webpage: www.usfigureskating.org/skatesafe.

COACHES

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into three categories, Coach/Choreographer, Learn to Skate USA Instructor, or Foreign Coach/Choreographer. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions. If limited number of coach credentials per athlete/team, include here (i.e., ONE coach credential per registered athlete; four coaches per registered team).

With EMS, coaches must be included within a skater/team's registration or updated through their EMS Skater Portal via "[My Coaches](#)" or "Team Personnel." All coaches declared at the time of registration will be included on the registration confirmation email. Note: There is no registration approval process within EMS as the data (membership and test level) is tied to the U.S. Figure Skating database. Non-compliant coaches will receive automated email reminders through the start of the competition.

EMS Coach Resources (not SYS or TOI):

- [My Competitions](#)
- [My Skaters](#)
- [Coach Schedule](#)

EMS ADMIN: The compliance tab within EMS lists ALL individuals who were declared by skaters at the time of registration or through their EMS Skater Portals (also allows access to skater schedule, music/PPC preview etc.). The compliance requirements are tied to the U.S. Figure Skating database and are updated daily removing the need for the LOC to manually update its list of attending coaches. Further, if a coach is non-compliant, they will receive system-generated emails through the start of the competition. Click [here](#) for additional information.

III. REGISTRATION INFORMATION

ONLINE REGISTRATION VIA EMS (does not include SYS and TOI team registration):

Online registrations will be accepted via [EMS](#). Payment must be made at the time of registration by credit card only. Each transaction includes a 3% transaction fee.

Registration Deadline: 04/20/2023 at 11:59 ET

Late Registration Deadline 04/29/2023 at 11:59ET + \$35 Late Fee

1. Go to www.usfsaonline.org
2. Enter your U.S. Figure Skating or if Compete USA events are offered, your Learn to Skate USA member number and password
 - a. If you need assistance with your member number and password, contact Member Services at memberservices@usfigureskating.org.
3. Click EMS then "Competition Registration"
4. Choose "**YOUR COMPETITION NAME**" from the list of nonqualifying competitions.
 - a. If you need assistance completing your registration, contact productsupport@usfigureskating.org.

PARTNERED EVENTS:

Only one partner will complete registration for the team. During the registration process, you will be asked to identify your partner and verify their test information. **The registered partner will be responsible for managing all aspects of the competition for the team including music/PPC upload, practice ice sales, etc.**

FOREIGN SKATERS:

Non-U.S. skaters intending to register for this competition must set up a non-member account prior to registering for the competition ([click here for HOW TO](#)). This can be done by choosing the "Non-Member? Create Account" option on the [Members Only](#) login page.

TEST CREDIT:

IF offering test credit at your competition, review the [IJS Protocol for Test Credit](#) document and consult with your Chief Accountant on process (advance applications/providing results etc.) and timeline. An online form, in advance of the competition, is recommended (example form [HERE](#)) vs. paper at the competition. Be sure to include details about post-competition paperwork. ****NOTE:** skaters may register for test credit via EMS.

MUSIC SUBMISSION/UPLOAD:

Include instructions as to how attendees will provide your competition with their music. Include details about any online uploads including deadlines or where music is to be dropped off on-site.

EMS MUSIC UPLOAD: Competitors participating in events with music are required to upload their music to EMS no later than **DATE 5/10/2023 TIME 11:59 ET**. After this date, skaters will be locked out of this feature and subject to a **\$35 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: DATE *INCLUDE LATE FEE IF APPLICABLE

EMS SKATER MUSIC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rinkside whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

PLANNED PROGRAM CONTENT (PPC) SUBMISSION/UPLOAD – FOR IJS EVENTS ONLY:

Include instructions as to how attendees will provide your competition with their Planned Program Content (PPC). Include details about any online uploads including deadlines or where PPC is to be dropped off on-site. PPC Paper form, [click here](#).

EMS PLANNED PROGRAM CONTENT (PPC) – Competitors participating in IJS events are required to submit PPC in EMS no later than **DATE 5/10/2023 TIME 11:59ET**. After this date, skaters will be locked out of this feature in EMS and subject to a **\$30 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

DEADLINE: DATE 5/10/2023 11:59ET Latefee\$30.00

EMS PPC UPLOAD HOW TO: [CLICK HERE](#)

If you need assistance, email productsupport@usfigureskating.org

REFUND POLICY

Entry fees will not be refunded after entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

LIABILITY:

U.S. Figure Skating, Learn to Skate USA, Central Illinois Figure Skating Club and Grossinger Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

IV. COMPETITION DETAILS

FACILITIES:

Bloomington Ice Center/Grossinger Arena
201 South Roosevelt Ave
Bloomington, Illinois 61704
Facility Website

The competition will be held at the Grossinger Motors Arena 101 S Madison St, Bloomington, IL 61701 which is adjacent to the Bloomington Ice Center Grossinger Motors Arena ice dimension 85 X 200. The Athlete Check entrance is 201 S. Roosevelt Bloomington Locker rooms will be available for competitors. There is a concession area. The Arena has plenty of seating for maintaining social distancing. Phone: (309) 434-2843

LOCKER ROOMS AND CHANGING AREAS:

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy and the SkateSafe Handbook (both found on the [U.S. Figure Skating SkateSafe](#) page).

U.S. Figure Skating Travel Policy:

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe Handbook](#).

OFFICIAL WEBSITE & UPDATES:

An official bulletin board will be posted at the upstairs' concourse next to the Budweiser Lounge. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

SCHEDULE

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

PRACTICE ICE:

Practice ice will be available in advance through the [EMS Competition Portal](#) starting Friday

May 20th, 2023, from 6:00am – 12:00pm. Each practice session will 20 minutes. Presale \$25 per session and onsite \$30.

EMS (SKATER) PRACTICE ICE RESOURCES:

- **LOC**
- **Skater: Pre-Purchase and Selection | Open Sales**

ONSITE CHECK-IN:

Check-in will open on May 20, 2023, Registration will open 11:00am. Will be located at the VIP entrance of the Grossinger Motors Arena. Entrance located off a cul-de-sac on Roosevelt Ave.

AWARDS:

Skater/s and teams placing 1st through 4th will receive awards and Ribbons 5th through 6th.

VOLUNTEER INFO:

Central Illinois Figure Skating Club will be teaming up with our local County, Sport Director for qualified volunteers. We will use sign-up genius for volunteer sign up. The volunteer sign up will also be posted on the competition website and our social media platforms.

VOLUNTEER COMPLIANCE:

U.S. Figure Skating sanctioned events include key LOC members, locker room monitors and ALL medical event personnel. To be considered compliant, an approved volunteer serving in one of these positions must:

- ✓ Must submit information for, proper payment of \$30 and successfully pass a background check*. The background check will be valid for two seasons, the one in which it was completed plus one additional
- ✓ Must complete annual SafeSport Training. The training will be valid for 365 days from date of completion and there is no cost for the training/certification *

* Accessible via U.S. Figure Skating Members Only website:

www.usfsaonline.org → Person Icon  or Account → Member Profile → Compliance

[Click here for volunteer compliance information.](#)

PHOTO/VIDEO:

Chicago Star Productions will be filming all events at the competition. The videography is built into the price of the competition events.

Note: per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited.

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The photo/video policy for posting can be found [here](#).

ADDITIONAL INFORMATION:

- Hotel: Official hotel accommodations and rates will be announced later. We are working with our local Visitors Bureau for acquiring hotel rooms for reasonable rate.
- Airport information: Closest is Central Illinois Regional Airport (BMI); next closest is Peoria Reginal Airport (PIA), Chicago O’Hare is 120 miles.
- Merchandise pre-orders: CIFSC will provide pre-orders for merchandise via the competition website.
- Website: www.ci-fsc.org
- Vendor & Sponsorship Opportunities: CIFSC will provide space and opportunities for vendors and sponsorships
- Tentative schedule: Competition will run Saturday, May 20, 2022, from 12:00 pm to 6::00 pm, and Sunday, May 21, 2023, from 8 am to 5 pm. Tentative schedule will be posted shortly after the completion registration deadline

CONTACT INFORMATION:

Competition website: ci-fsc.org

For questions, please contact the following individuals:

Competition Chair:	Susan Hennis	E-mail susan.hennis@oneAmerica.com	Phone (309838-4176)
Chief Referee:	Kaitlyn Beernink	E-mail stewartkaitlyn76@gmail.com	Phone 3092756200
Practice Ice Chair:	Rachael Shropshire	E-mail Rachael.shropshire92@gmail.com	Phone (847)471-3311
Additional Contact:	Madalyn Brook	E-mail Madalyn.brook@comcast.net	Phone (309)434-0796